

Stay Well this Winter with a Flu Vaccine

Living in Manitoba means living with winter. What's on your winter wellness checklist?



Reducing Stress



Keeping in Touch



Staying Active



Getting Your Flu Vaccine

All Manitobans over 6 months of age are eligible for the seasonal flu vaccine. It's especially recommended if you or the people you care for are at risk of serious illness.

Get your vaccine when and where it's convenient for you. Find locations and book your appointment today at ProtectMB.ca or by calling 1-844-MAN-VACC (1-844-626-8222).

NEW

People 65+ are recommended to get a high-dose flu vaccine to increase protection.

DID YOU KNOW?

You can get your flu & COVID vaccines at the same time. Find your vaccine dose with interactive map at ProtectMB.ca

#PROTECT MB

Manitoba 